

PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 17:00 untill 17:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hanssens Yash

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M BACKSTROKE WOMEN 11-12			Heat:4, starttime: 18:08
Heat: 4/5 Lane : 2 Athlete: LALOO FÉLINE			Q-time: 01:30:85
PB (50m pool): 01:34.18 SportinGenk Park 11/11/2025			PB (25m pool): 01:30.85 SB: 01:34.18 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:34.18	
	no time		
			

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 11-12			Heat:5, starttime: 18:11
Heat: 5/5 Lane : 5 Athlete: DERRE FLEUR			Q-time: 01:18:49
PB (50m pool): 01:18.49 Wezenberg 04/01/2026			PB (25m pool): 01:14.85 SB: 01:18.49 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:38.32	01:18.49	
	00:38.32	00:40.17	
			

Coach feedback:

Event number: 11: 200M BUTTERFLY MEN 13+				Heat:1, starttime: 18:13
Heat: 1/1 Lane : 4 Athlete: BOODTS GERBEN				Q-time: 02:20:14
PB (50m pool): 02:23.87 La Louvière 25/05/2025				PB (25m pool): 02:20.14 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:31.00	01:08.13	01:46.02	02:23.87
	00:31.00	00:37.13	00:37.89	00:37.85
				

Coach feedback:

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Event number: 11: 200M BUTTERFLY MEN 13+					Heat:1, starttime: 18:13
Heat: 1/1 Lane : 7 Athlete: SCIACCA EMILIO					Q-time: 02:39:79
PB (50m pool): 02:44.49 Aalst 28/06/2025					PB (25m pool): 02:39.79 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.45	01:18.07	02:01.14	02:44.49	
	00:36.45	00:41.62	00:43.07	00:43.35	
					

Coach feedback:

Event number: 12: 200M BUTTERFLY WOMEN 13+					Heat:2, starttime: 18:21
Heat: 2/2 Lane : 2 Athlete: VAN BUNDER INEZ					Q-time: 02:51:03
PB (50m pool): no time					PB (25m pool): 02:51.03 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 12: 200M BUTTERFLY WOMEN 13+					Heat:2, starttime: 18:21
Heat: 2/2 Lane : 4 Athlete: MURAT IREM					Q-time: 02:34:74
PB (50m pool): 02:37.96 Antwerpen 27/07/2025					PB (25m pool): 02:34.74 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.96	01:12.57	01:54.54	02:37.96	
	00:32.96	00:39.61	00:41.97	00:43.42	
					

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+					Heat:2, starttime: 18:27
Heat: 2/11 Lane : 2 Athlete: EVERAERT MATTHIEU					Q-time: 01:16:99
PB (50m pool): 01:18.41 Wezenberg 04/01/2026					PB (25m pool): 01:16.99 SB: 01:18.41 Wezenberg 04/01/2026
	5 0 M	1 0 0 M			
PB	00:39.03	01:18.41			
	00:39.03	00:39.38			
					

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Event number: 13: 100M FREESTYLE MEN 13+			Heat:3, starttime: 18:29
Heat: 3/11 Lane : 1 Athlete: VANDEPUTTE WOUT			Q-time: 01:10:98
PB (50m pool): 01:11.24 Wezenberg 04/01/2026			PB (25m pool): 01:10.98 SB: 01:11.24 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:34.55	01:11.24	
	00:34.55	00:36.69	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:4, starttime: 18:30
Heat: 4/11 Lane : 1 Athlete: RENDERS KLAAS			Q-time: 01:08:11
PB (50m pool): 01:08.61 Wezenberg 04/01/2026			PB (25m pool): 01:08.11 SB: 01:08.61 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:32.36	01:08.61	
	00:32.36	00:36.25	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:4, starttime: 18:30
Heat: 4/11 Lane : 5 Athlete: AERENS JEF			Q-time: 01:06:69
PB (50m pool): 01:10.14 La Louvière 25/05/2025			PB (25m pool): 01:06.69 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.78	01:10.14	
	00:33.78	00:36.36	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:5, starttime: 18:32
Heat: 5/11 Lane : 1 Athlete: KARER MALIK			Q-time: 01:05:91
PB (50m pool): 01:07.01 Wezenberg 04/01/2026			PB (25m pool): 01:05.91 SB: 01:07.01 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:32.17	01:07.01	
	00:32.17	00:34.84	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE MEN 13+			Heat:8, starttime: 18:37
Heat: 8/11 Lane : 7 Athlete: BOEL LIAM			Q-time: 01:01:13
PB (50m pool): 01:02.59 Wezenberg 03/01/2026			PB (25m pool): 01:01.13 SB: 01:02.59 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:29.64	01:02.59	
	00:29.64	00:32.95	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:9, starttime: 18:38
Heat: 9/11 Lane : 7 Athlete: DE JONG STAN			Q-time: 00:58:93
PB (50m pool): 00:58.93 Wezenberg 03/01/2026			PB (25m pool): 00:57.59 SB: 00:58.93 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:28.58	00:58.93	
	00:28.58	00:30.35	
			

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+			Heat:10, starttime: 18:40
Heat: 10/11 Lane : 2 Athlete: SCHRAUWEN BJARNE			Q-time: 00:58:02
PB (50m pool): 01:00.37 Antwerpen 20/07/2025			PB (25m pool): 00:58.02 SB: 01:00.47 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:29.12	01:00.37	
	00:29.12	00:31.25	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 18:49
Heat: 4/15 Lane : 3 Athlete: LALOO FÉLINE			Q-time: 01:20:75
PB (50m pool): 01:20.75 Mol 22/06/2025			PB (25m pool): 01:14.33 SB: 01:22.15 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:38.76	01:20.75	
	00:38.76	00:41.99	
			

Coach feedback:

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Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:9, starttime: 18:58
Heat: 9/15 Lane : 2 Athlete: DERRE FLEUR			Q-time: 01:10:01
PB (50m pool): 01:10.01 Wezenberg 04/01/2026			PB (25m pool): 01:07.48 SB: 01:10.01 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:33.46	01:10.01	
	00:33.46	00:36.55	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:11, starttime: 19:02
Heat: 11/15 Lane : 6 Athlete: SCHELFAUT NELL			Q-time: 01:06:45
PB (50m pool): 01:07.85 Wezenberg 03/01/2026			PB (25m pool): 01:06.27 SB: 01:07.85 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:32.78	01:07.85	
	00:32.78	00:35.07	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:12, starttime: 19:03
Heat: 12/15 Lane : 4 Athlete: WAELPUT ELODIE			Q-time: 01:04:25
PB (50m pool): 01:07.41 Wezenberg 03/01/2026			PB (25m pool): 01:04.25 SB: 01:07.41 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:32.69	01:07.41	
	00:32.69	00:34.72	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:13, starttime: 19:05
Heat: 13/15 Lane : 5 Athlete: VAN BUNDER INEZ			Q-time: 01:03:56
PB (50m pool): 01:06.70 Antwerpen 20/04/2025			PB (25m pool): 01:03.56 SB: 01:06.73 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:33.19	01:06.70	
	00:33.19	00:33.51	
			

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Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:13, starttime: 19:05
Heat: 13/15 Lane : 6 Athlete: DEBRABANDERE LEONIE			Q-time: 01:03:80
PB (50m pool): 01:04.82 Wezenberg 04/01/2026			PB (25m pool): 01:03.80 SB: 01:04.82 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:31.07	01:04.82	
	00:31.07	00:33.75	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:14, starttime: 19:06
Heat: 14/15 Lane : 3 Athlete: VAN BUNDER AMY			Q-time: 01:02:41
PB (50m pool): 01:03.90 Aalst 28/06/2025			PB (25m pool): 01:02.41 SB: 01:04.11 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:31.00	01:03.90	
	00:31.00	00:32.90	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:14, starttime: 19:06
Heat: 14/15 Lane : 5 Athlete: DE JONG SUZAN			Q-time: 01:02:28
PB (50m pool): 01:04.59 Wezenberg 04/01/2026			PB (25m pool): 01:02.28 SB: 01:04.59 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:30.64	01:04.59	
	00:30.64	00:33.95	
			

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:14, starttime: 19:06
Heat: 14/15 Lane : 7 Athlete: MURAT IREM			Q-time: 01:03:03
PB (50m pool): 01:04.37 Wezenberg 03/01/2026			PB (25m pool): 01:03.03 SB: 01:04.37 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:31.08	01:04.37	
	00:31.08	00:33.29	
			

Coach feedback:

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Event number: 14: 100M FREESTYLE WOMEN 11+			Heat:14, starttime: 19:06
Heat: 14/15 Lane : 8 Athlete: VERLUYTEN NIENE			Q-time: 01:03:38
PB (50m pool): 01:05.60 Antwerp 26/01/2025			PB (25m pool): 01:03.38 SB: 01:06.10 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:31.33	01:05.60	
	00:31.33	00:34.27	
			

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+			Heat:3, starttime: 19:13
Heat: 3/7 Lane : 8 Athlete: VANDEPUTTE WOUT			Q-time: 00:41:97
PB (50m pool): 00:46.04 Eindhoven 16/03/2025			PB (25m pool): 00:41.97 SB: no time
	5 0 M		
PB	00:46.04		
	00:46.04		
			

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+			Heat:4, starttime: 19:14
Heat: 4/7 Lane : 8 Athlete: AERENS JEF			Q-time: 00:38:80
PB (50m pool): no time			PB (25m pool): 00:38.80 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+			Heat:6, starttime: 19:16
Heat: 6/7 Lane : 2 Athlete: EL BOUJADDAYNI DAOUD			Q-time: 00:35:42
PB (50m pool): 00:37.22 La Louvière 25/05/2025			PB (25m pool): 00:35.33 SB: no time
	5 0 M		
PB	00:37.22		
	00:37.22		
			

Coach feedback:

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Event number: 18: 200M MEDLEY WOMEN 13+					Heat:6, starttime: 19:49
Heat: 6/7 Lane : 8 Athlete: SCHELFAUT NELL					Q-time: 02:42:11
PB (50m pool): 02:42.99 Antwerpen 27/07/2025					PB (25m pool): 02:42.11 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.35	01:15.15	02:05.41	02:42.99	
	00:34.35	00:40.80	00:50.26	00:37.58	
					

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:7, starttime: 19:52
Heat: 7/7 Lane : 1 Athlete: WAELPUT ELODIE					Q-time: 02:34:79
PB (50m pool): 02:39.65 Antwerpen 27/07/2025					PB (25m pool): 02:34.79 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.42	01:14.54	02:01.82	02:39.65	
	00:33.42	00:41.12	00:47.28	00:37.83	
					

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:7, starttime: 19:52
Heat: 7/7 Lane : 4 Athlete: VAN BUNDER AMY					Q-time: 02:28:41
PB (50m pool): 02:34.88 Antwerp 09/02/2025					PB (25m pool): 02:28.41 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.34	01:14.45	01:59.36	02:34.88	
	00:33.34	00:41.11	00:44.91	00:35.52	
					

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:7, starttime: 19:52
Heat: 7/7 Lane : 8 Athlete: DEBRABANDERE LEONIE					Q-time: 02:37:10
PB (50m pool): 02:40.55 Wezenberg 04/01/2026					PB (25m pool): 02:37.10 SB: 02:40.55 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.33	01:14.98	02:03.30	02:40.55	
	00:32.33	00:42.65	00:48.32	00:37.25	
					

Coach feedback:

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Event number: 19: 4x100M FREESTYLE MEN 11+							Heat:1, starttime: 19:56	
Heat: 1/1 Lane : 5 Athlete: TEAM TSZ 11							Q-time: 03:58:16	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: